

## SPRING HAS SPRUNG!!!

In the spring I love to go for slow **walks** (walk around room once or back & forth on mat).

I get so tired of being stuck inside **WATCHING TV**.

My family plants a garden every year full of yummy veggies, but my favorite is the **FLOWER GARDEN** we plant in a circle around the dogwood **TREE** in our yard. It even has pretty **FLOWERS!** I like to smell the **FLOWERS** when they bloom and to see the **BUTTERFLIES** they attract.

I like the spring too 'cause I get to see all the creepy, crawly bugs! Sometimes though I see **DEAD BUGS!** I feed those to my pet **TURTLE**. I call him "Stookie." He's my favorite pet. My family also has a **CAT**. She spends a lot of time being chased by our **DOG**.

Out in the yard I can find all kinds of great things like **CATERPILLARS** (Knees, chest, chin) and **SNAKES!** My **DOG** usually chases the **SNAKES** away with his **DOG BARK!**

Sometimes there are **PIGEONS** in the bird bath. Other times they like to **HANG** (hanging PIGEON here) out in our **TREE**.

In the corner of our yard is my favorite spot. I have a **SLIDE** (Purvottanasana), a **SWING** (rock & roll w/pumping legs), and a hammock that **CRADLES (L/R)** me so nicely. It is much more comfy than a **CHAIR**. Sometimes a little **RABBIT** even comes to visit me in my corner.

I spend my days outside until my mom calls me to dinner. We sit down at our **TABLE** in our **CHAIRS** and give thanks (**PRAYER HANDS**). In spring we eat a lot of **SANDWICHES**. They are easy to clean up so I can **RUN** (in place or around the room) back outside!

I like evenings in springtime because they are warm enough for me to stay out & watch the **MOON (Crescent or Half)** come out. My favorite though is watching the **STARS**. Sometimes I just lay on my back and **RELAX....**